

BEING SENTIENT



What do the sightless see?
A world without light
fills their field of vision
with nothing.

Feelings of emptiness are displaced
by hard felt surfaces.
They are guideposts
to the next room.

Soundness of reason calls out
in muffled whispers
beckoning in muted tones
towards a door.

Essence of fragrant imaginings
fill nostrils with air made fresh
by native winds blowing through
an open door.

Open wide and drink in
the sweet nectar of the universe
so thick you can almost taste it.

Then you do.

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Day 18 Prompt: Write a poem where senses other than sight play a prominent role. It could focus on scent, taste, feel, or sound, or involve all of these senses in different ways.

More from Prompter: Imagery is often the central sensory detail used in poetry, but for this prompt I challenge you to write a poem where other senses play a prominent role. It could focus on scent, taste, feel, or sound, or involve all of these senses in different ways.

Craft tip: Print out a poem you're working on and leave it in a space where you spend a lot of time - for example you could tape it to the wall above your eclectic kettle, or on your bathroom mirror. Leave a pen nearby. Feel encouraged to edit it as needed. Sometimes seeing one's own work in print, and encountering it repeatedly, can really help with revisions.

CREDITS:

Image from [Are You An Empath?](#) A July 19, 2022 blog by [Aletheia](#) on [Lonerwolf](#).

Definition: [Sentience](#) (Merriam Webster)

[The Power of Being an Earth Empath](#), review by Jessica Schrader (April 2017) of [The Empath's Survival Guide: Life Strategies for Sensitive People](#) by Judith Orloff, MD.